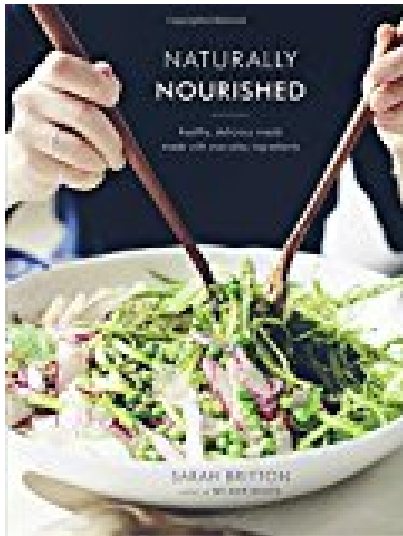


# Naturally Nourished Healthy Delicious Meals Made with Everyday Ingredients

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## BOOK DETAILS

- Author : Sarah Britton
- Pages : 240 Pages
- Publisher : Clarkson Potter
- Language : English
- ISBN : 0804185409

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## **BOOK SYNOPSIS**

Simplify whole foods cooking for weeknights--with 100 inspired vegetarian recipes made with supermarket ingredients. Sarah Britton streamlines vegetarian cooking by bringing her signature bright photography and fantastic flavors to an accessible cookbook fit for any budget, any day of the week. Her mains, sides, soups, salads, and snacks all call for easy cooking techniques and ingredients found in any grocery store. With callouts to vegan and gluten-free options and ideas for substitutions, this beautiful cookbook shows readers how to cook smart, not hard.

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