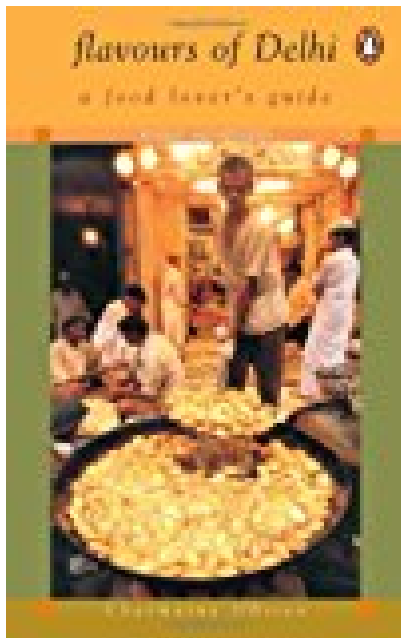


Flavours of Delhi



BOOK DETAILS

- Author : Charmaine OBrien
- Pages : Pages
- Publisher : Penguin Books India
- Language : English
- ISBN : 0143415840

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BOOK SYNOPSIS

Just as each ruler left his architectural mark on Delhi, so each bequeathed to it a culinary legacy. *Flavors of Delhi: A Food Lover's Guide* tells the story of Delhi through its food. It explores the city's culinary history beginning with Indraprastha, taking us through the Sultanate period, Mughal rule and the British raj, and bringing us right up to the present. Professional chef and food writer Charmaine O'Brien's love for Delhi and its culinary delights is evident. She tells us not only what to eat, but also where to eat it. From paranthas in the galis of Chandni Chowk to kakori kababs at the fancy Dum Pukht, from chaat at a roadside stall to appams at Keraleeyam, from fresh fruit and vegetables at INA Market to fish at Chittaranjan Park, O'Brien takes us on a guided tour through the capital, encouraging us to sample and savour as we see. History comes alive as the recipes in this book allow us to recreate the varied flavors of the city in our kitchens. The result of extensive travel and research, and lavishly illustrated with photographs taken by Kirsten Grant, *Flavors of Delhi* is a fascinating read that whets the reader's interest and appetite.

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