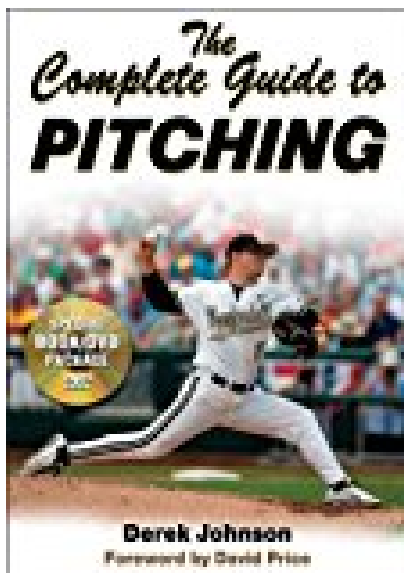


Complete Guide to Pitching The



BOOK DETAILS

- Author : Derek Johnson
- Pages : 272 Pages
- Publisher : Human Kinetics
- Language : English
- ISBN : 0736079017

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BOOK SYNOPSIS

A progressive instruction manual, written by one of America's top pitching coaches, includes high-quality photo sequences and a 75-minute DVD that features topics ranging from techniques to conditioning to the psychological aspects of pitching, drills, exercises and personal insights from Johnson. Original.

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