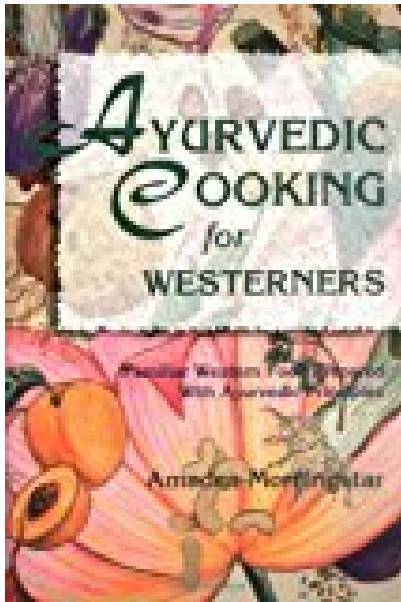


Ayurvedic Cooking for Westerners Familiar Western Food Prepared with Ayurvedic Principles



BOOK DETAILS

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- Pages : 395 Pages
- Publisher : Lotus Press
- Language : English
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BOOK SYNOPSIS

Includes 200 recipes for healthful living, prepared from ingredients easily available in the West.

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